

SEASON OF

PRAYER

WEEK 4

JANUARY 31 – FEBRUARY 6, 2010

WORSHIP, AWE, AND WONDER
SUNDAY, JANUARY 31**Scripture**

Psalm 19

Time of Reflection and Prayer

Spend time reflecting on what you have read and communing with God.

Benediction

Image of God
born of God's breath
vessel of divine Love
after his likeness
dwelling of God
capacity for the infinite
eternally known
chosen of God
home of the Infinite Majesty
abiding in the Son
called from eternity
life in the Lord
temple of the Holy Spirit
branch of Christ
receptacle of the Most High
wellspring of Living Water
heir of the kingdom
the glory of God
abode of the Trinity.
God sings this litany
eternally in his Word.
This is who you are.
a litany of the person - anonymous trappist monk

LISTENING TO GOD
MONDAY, FEBRUARY 1**Scripture**

Luke 10.38-42

Time of Reflection and Prayer

Spend time reflecting on what you have read and communing with God.

Benediction

May I carry a little quiet inside me
while the world continues
in rush and rage
fighting and frenzy.
May I carry a little quiet inside me
so that the worry and war
trouble and tumult
do not capture me in their grip.
May I tarry in the Son-filled meadow of my heart
beside the still waters
where God's Spirit refreshes and renews.
May I carry so much quiet inside me
that I have some extra calm
to share with others.

Adapted from a prayer from Safiyah Fosua

WISDOM FROM GOD**TUESDAY, FEBRUARY 2****Scripture**

Proverbs 1.20-33

Time of Reflection and Prayer

Spend time reflecting on what you have read and communing with God.

Benediction

Creator God, may we see that without your Divine Presence here at the center of our world, and within ourselves, we will be empty. Grace us with your Wisdom. Give to us humility so that our lives may be a meeting place for your Kingdom. Amen.

GOD'S WORK IN US**WEDNESDAY, FEBRUARY 3****Scripture**

Philippians 2.1-18

Time of Reflection and Prayer

Spend time reflecting on what you have read and communing with God.

Benediction

Almighty God, help me see the deeper hope. Help me to have perfect trust in your protecting love and strengthening power, so that nothing may frighten or worry me, for

to live close to you we shall see your hand your purpose your will through all things. May my true hope be You alone. Help me believe and live as if You are enough. Amen.

GOD'S WORK THROUGH US

THURSDAY, FEBRUARY 4

Scripture

John 13:1-17

Time of Reflection and Prayer

Spend time reflecting on what you have read and communing with God.

Benediction

Let me, like Jesus, be a humble servant.

Let me serve from a spirit of compassion.

Let me give of myself, my time, and my resources.

Let me assume the form of a servant, like Jesus.

Let my life be a daily sacrifice, a small picture of the sacrifice Jesus made.

Thank you for the gift of Jesus and his willingness to love the world;

And for his dying, in which he overcame death,

And for his resurrection, in which I am raised to the life of your kingdom.

GOD'S WORK IN THE WORLD

FRIDAY, FEBRUARY 5

Scripture

Acts 2:14-41

Time of Reflection and Prayer

Spend time reflecting on what you have read and communing with God.

Benediction

We beseech thee, Master, to be our helper and protector.

Save the afflicted among us; have mercy on the lowly;

raise up the fallen; appear to the needy; heal the ungodly;

restore the wanderers of thy people;

feed the hungry; ransom our prisoners;

raise up the sick; comfort the faint-hearted.

Clement of Rome

SEASON OF

PRAYER

WEEK FOUR

JANUARY 31 – FEBRUARY 6, 2010

RESTING IN GOD
SATURDAY, FEBRUARY 6

Scripture
Matthew 11.25-30

Time of Reflection and Prayer

Spend time reflecting on what you have read and communing with God.

Benediction

May my heart and soul always find rest in you. Restore my body and soul as I continue doing the work you have planned for me. Though my body is sometimes weak, I can call on you anytime to refresh me. Everything around me is hectic, but with you, there is joy and peace. I am resting in you, O Lord, my savior and deliverer."

From Shaped by Faith by by Theresa Rowe.