GET PRAYING

READING AND PRAYERS FOR EACH WEEK OF ADVENT

PRINT UP, CUT OUT, AND ATTACH A COLORED RIBBON TO EACH “GET PRAYING” TAG (USE DIFFERENT COLORS FOR “GET MOVING,” “GET CONNECTED,” AND “GET SOCIAL” TAGS). THEN POP THEM ALL INTO A MASON JAR, AND DRAW ONE “GET PRAYING” CARD EACH WEEK.

First Week of Advent
READ: LUKE 21:25-36
LIGHT: ONE CANDLE
PRAY: DEAR GOD, HELP US TO NOTICE THE WAYS WE CAN EACH BECOME A LIGHT OF HOPE IN THE MIDST OF SADNESS AND SHADOWS.

Second Week of Advent
READ: LUKE 3:1-6
LIGHT: TWO CANDLES
PRAY: DEAR GOD, SHOW US YOUR WAY OF PEACE, AND HELP US PLAY OUR PART AND PREPARE THE WAY.

Third Week of Advent
READ: LUKE 3:7-18
LIGHT: THREE CANDLES
PRAY: DEAR GOD, HELP US BE JOYFUL AND FRUITFUL, SHARING WILDLY WHAT WE HAVE AND LOVING OUR NEIGHBORS AS OURSELVES.

Fourth Week of Advent
READ: LUKE 1:39-45
LIGHT: FOUR CANDLES
PRAY: DEAR GOD, HELP US TO HEAR AND BELIEVE YOUR VOICE, TO LIVE OUT OF LOVE, AND TO LEAP FOR JOY.

Christmas Eve
READ: JOHN 1:1-14
LIGHT: FIVE CANDLES
PRAY: DEAR GOD, LET TONIGHT BE THE BEGINNING OF OUR SHINING FORTH INSIDE OF US, ANEW FOR THE SAKE OF YOUR BRIGHT AND BROKEN WORLD. AMEN.

A MASON JAR
Advent
GET MOVING

ACTIONS OF LOVE AND GRACE

PRINT UP, CUT OUT, AND ATTACH A COLORED RIBBON TO EACH “GET MOVING” TAG (USE DIFFERENT COLORS FOR “GET PRAYING,” “GET CONNECTED,” AND “GET SOCIAL” TAGS). THEN POP THEM ALL INTO A MASON JAR, AND DRAW ONE EACH DAY.

GO FOR A BEAUTY WALK.

Look, listen, and watch for God’s love and life all around.

DO SOME SERIOUS RESEARCH AND IDENTIFY A JOKE YOU LIKE. THEN CALL A FRIEND, A GRANDPARENT, OR A CO-WORKER AND give the gift of laughter!

Mary, Joseph, and Jesus were refugees. Identify a refugee resettlement organization in your community, and find out how you can help.

Invite someone “over” for an online board game night.

Hot chocolate and popcorn (even over Zoom!) make everything better!

Make 10 “I love you” cards and send them out with abandon!

Send flowers to a midwife, doula, labor and delivery nurse, or OB/GYN you know.

Thank them for helping bring new life into the world!

Deliver some yummy dog or cat treats to your local animal shelter.

(Call ahead to find out their favorites!)
HIDE A FEW CHRISTMAS DECORATIONS IN RANDOM PLACES AROUND YOUR HOUSE, APARTMENT, OR WORKPLACE!
God hides beauty in the most unexpected places!

Make some peppermint hot cocoa, and drink it in the coziest spot you can find.
Taste and see that God is good!

HAVE A “CRAFTERNOON” AND MAKE SOMETHING LOVELY.

Make some peppermint hot cocoa, and drink it in the coziest spot you can find.
Taste and see that God is good!

Have a dinner picnic in the glow of the Christmas tree.
BASK IN GOD’S BEAUTY ALL AROUND.

SET ASIDE ONE DAY THIS WEEK AS A Sabbath day.
TURN EVERYTHING OFF, STOP WORKING, AND ENJOY THE simple pleasures of life!

It’s not hard once you start, and it makes your house smell amazing!

MAKE SOME FRESH BREAD.

Buy nothing today AND FOCUS ON TREASURES THAT CAN’T BE BOUGHT OR SOLD!

Plan some “non-stuff” presents this Christmas.
CREATE SOME “COUPONS” FOR EXPERIENTIAL GIFTS LIKE A SUMMER CAMPING TRIP OR A SPECIAL HOMEMADE DINNER.

Draw SOMETHING,
Bake SOMETHING, OR
Make SOMETHING.
WRITE A GRATITUDE LIST OF 10 THINGS THAT MAKE YOU HAPPY, AND THEN SAY, "THANK YOU!" TO GOD 10 TIMES.

Share the list with someone you love!

GIVE SOMETHING AWAY. YOUR HEART WILL FEEL LIGHTER, AND THE WORLD WILL BE BETTER FOR IT.

IN NORTH AMERICA, WE SPEND OVER $3 BILLION A YEAR ON NON-RECYCLABLE WRAPPING PAPER!

Plan some creative new ways to wrap presents this year.

Say a prayer today for a specific group of people in need.

PEOPLE WITHOUT HOMES, HUNGRY FAMILIES, REFUGEES, PRISONERS...

Try making today about the and reflect with a friend about the experience.

NO PLASTIC DAY

Set up a nativity (FIGURINES OR PAPER CUT-OUTS) and play with it together.

Warm Wishes

TO: .......... FROM: ..........

OH HOLY NIGHT

TO: .......... FROM: ..........

A FEW BONUS GIFT TAGS
GET CONNECTED

DINNER CONVERSATION STARTERS

PRINT UP, CUT OUT, AND ATTACH A COLORED RIBBON TO EACH “GET CONNECTED” TAG (USE DIFFERENT COLORS FOR “GET PRAYING,” “GET MOVING,” AND “GET SOCIAL” TAGS). THEN POP THEM ALL INTO A MASON JAR, AND DRAW ONE EACH DAY.

WHAT’S THE THING YOU WORRY ABOUT MOST?
And what are you most thankful for?

WHAT'S THE THING YOU WORRY ABOUT MOST?

WHAT three things MAKE YOU FEEL LOVED?

IF YOU COULD HAVE ONE QUESTION ANSWERED ABOUT YOUR FUTURE...
WHAT WOULD IT BE?

What do you like most about yourself?
And what's something you can do well?

WHEN WAS THE LAST TIME YOU CRIED?
WHY?

What do you think about when you can't fall asleep?

WRITE YOUR OWN DINNER CONVERSATION STARTER...

saltproject.org
GET SOCIAL

SOCIAL MEDIA STARTERS

PRINT UP, CUT OUT, AND ATTACH A COLORED RIBBON TO EACH “GET SOCIAL” TAG (USE DIFFERENT COLORS FOR “GET PRAYING,” “GET MOVING,” AND “GET CONNECTED” TAGS). THEN POP THEM ALL INTO A MASON JAR, AND DRAW ONE EACH DAY.

USING WORDS THAT BEGIN WITH THE FIRST LETTER OF YOUR NAME,

WHAT ARE YOU THANKFUL FOR?

GO!

Post a picture of something that makes you happy.

GO!

NAME A BOOK THAT’S CHANGED YOUR LIFE.

What’s your favorite Christmas carol, and why?

NAME ONE “CHRISTMASSY” THING YOU NEVER EAT.

WHAT ONE THING CAN YOU DO THIS WEEK TO MAKE THE WORLD BETTER, STRONGER, MORE LOVING?

GO!

NAME ONE FAVORITE SNOW DAY ACTIVITY?

GO!

WHAT ONE THING CAN YOU DO THIS WEEK TO MAKE THE WORLD BETTER, STRONGER, MORE LOVING?

GO!

Don’t forget to #hashtag your church!