



Date: January 29, 2023

Title: *Wind, Waves, Abyss?*

Scripture: *Luke 8.22-25*

Introduction to Analog

The word, Analog, means “something that is similar or comparable to something else”.

Analog is designed to be a tangible way to take another, deeper, look into each week’s Sunday morning message. Individuals, friends, small groups, and families can use Analog for further discussion and exploration of the Sunday teaching. May this tool help you explore the expansive heart of God and practice love in the ways of Jesus.

Teaching Season

There are several stories that cause one to wonder exactly who Jesus is. While we may be quick to offer an answer, Luke does no such thing. Rather he tells several stories of parables, interactions and miracles all leading up to Jesus asking the question himself: “Who do you say I am?” And we are invited to respond.

Teaching

We explored themes of how this text points toward the Jonah story, the presence of God, how awe and fear often go together and reflect on who Jesus is ... and the fact that at this point the question remains unanswered.

Listen to the teaching [online](#) or on the DCC App

Opening Question for the Group: Start your group discussion with the question below.

- 1) We are 1 month into the new year. What has been life-giving, what has been challenging?

Questions for Discussion or Reflection

Here are some questions for discussion or reflection. Don’t feel like you have to cover them all, and you may have questions of your own to ask. The Spiritual Practice for this week could be very meaningful for you or your group, so plan on 10 minutes or so for this exercise. If you are using this in a group context, read through these questions and the Spiritual Practice before your group meets to familiarize yourself with this material. You may want to send this out to the group before you meet.

1. What stands out from this week's teaching? Did anything specific catch your attention as you listened?
2. What are you afraid of?
3. In what ways are we held back by fear?
4. How do you face your fears? In helpful ways? In unhelpful ways?
5. Interact with this statement: "... we are all unreliable narrators of our own stories."
6. What practices can help you be present to the Presence of God in the midst of your storms?

Spiritual Practice:

This week for our formation practice, we invite you to listen to our guided time of prayer and reflection. You can listen to this guided prayer by clicking on the link below. You can also access the spiritual formation podcast through the DCC App.

[Spiritual Formation Podcast: False Self Meditation](#)