



Date: February 12, 2023

Title: *Stand Up*

Scripture: *Luke 8.40-56*

Introduction to Analog

The word, Analog, means “something that is similar or comparable to something else”. Analog is designed to be a tangible way to take another, deeper, look into each week’s Sunday morning message. Individuals, friends, small groups, and families can use Analog for further discussion and exploration of the Sunday teaching. May this tool help you explore the expansive heart of God and practice love in the ways of Jesus.

Teaching Season

There are several stories that cause one to wonder exactly who Jesus is. While we may be quick to offer an answer, Luke does no such thing. Rather he tells several stories of parables, interactions and miracles all leading up to Jesus asking the question himself: “Who do you say I am?” And we are invited to respond.

Teaching

Once again, we see a tenderness and compassion in Jesus in his healing, stopping, naming and raising someone from the dead. All this in the midst of the question of Jesus’ identity. If Jesus is the face of God, then these actions and how they are done all tell us something not only about Jesus, but about God.

Listen to the teaching [online](#) or on the DCC App

Opening Question for the Group: Start your group discussion with the question below.

- 1) Can you share your highs and lows for this past week?

Questions for Discussion or Reflection

Here are some questions for discussion or reflection. Don’t feel like you have to cover them all, and you may have questions of your own to ask. The Spiritual Practice for this week could be very meaningful for you or your group, so plan on 10 minutes or so for this exercise. If you are using this in a group context, read through these questions and the Spiritual Practice before your group meets to familiarize yourself with this material. You may want to send this out to the group before you meet.

1. What stands out from this week’s teaching? Did anything specific catch your attention as you listened?

2. Consider the quote from Mary Daly: "If God is male then male is God." What does this quote stir up in you? How has this reality played out in your life?
3. The spiritual journey is about becoming most fully human - most fully who God created you to be. How has your religious experience either helped or hindered this? In your own experience how have either pride or self-abnegation (self-rejection) been an obstacle in this journey?
4. Read Luke 8:40-56, paying close attention to the ways in which the writer is purposely tying these two stories together. What overlapping details do you see between the 2 stories? (i.e. 12 years)
5. Bekah talked about letting a story read you. If you had to find yourself in this story - where/what/who would you be? Maybe you can easily find yourself in the place of the girl. Or, maybe you are Jairus, the crushing crowd, those that mourn the girl's "death", etc. Where are you drawn and consider what that might be reflecting back to you about who you are and/or where you are currently.
6. What might it look like to wake up, stand up, and come out of hiding in your own life, or in coming alongside another who is on this journey?
7. Where in your life is Jesus saying to you "Don't be afraid; just believe"?

Spiritual Practice:

This week for our formation practice, we invite you to listen to our guided time of prayer and reflection. You can listen to this guided prayer by clicking on the link below. You can also access the spiritual formation podcast through the DCC App.

[Spiritual Formation Podcast: Lectio Divina – John 15](#)