



Date: February 5, 2023

Title: *Alone Without Clothes*

Scripture: *Luke 8.26-39*

Introduction to Analog

The word, Analog, means “something that is similar or comparable to something else”. Analog is designed to be a tangible way to take another, deeper, look into each week’s Sunday morning message. Individuals, friends, small groups, and families can use Analog for further discussion and exploration of the Sunday teaching. May this tool help you explore the expansive heart of God and practice love in the ways of Jesus.

Teaching Season

There are several stories that cause one to wonder exactly who Jesus is. While we may be quick to offer an answer, Luke does no such thing. Rather he tells several stories of parables, interactions and miracles all leading up to Jesus asking the question himself: “Who do you say I am?” And we are invited to respond.

Teaching

We walked through the historic backdrop of this story and the words and heart of Jesus behind it. Ultimately pointing toward Jesus instructing this man, and all of us, to “Go and tell.”

Listen to the teaching [online](#) or on the DCC App

Opening Question for the Group: Start your group discussion with the question below.

- 1) Can you share your highs and lows for this past week?

Questions for Discussion or Reflection

Here are some questions for discussion or reflection. Don’t feel like you have to cover them all, and you may have questions of your own to ask. The Spiritual Practice for this week could be very meaningful for you or your group, so plan on 10 minutes or so for this exercise. If you are using this in a group context, read through these questions and the Spiritual Practice before your group meets to familiarize yourself with this material. You may want to send this out to the group before you meet.

1. What stands out from this week’s teaching? Did anything specific catch your attention as you listened?
2. Read Luke 8:26-39 aloud with your group. Why do we as humans love a good story?

3. What strikes you about the historical background of this story?
4. How do the religious implications make this story more interesting?
5. Read in light of political oppression, what might this story be saying?
6. What do Jesus' actions and healing say about who he is in these contexts?

Spiritual Practice:

This week for our formation practice, we invite you to listen to our guided time of prayer and reflection. You can listen to this guided prayer by clicking on the link below. You can also access the spiritual formation podcast through the DCC App.

[Spiritual Formation Podcast: Breath Prayer – The Jesus Prayer](#)