



WEEK 6: The Visible God

Lent is a special time of reflection and contemplation of who we are and how we live as God's people. For Lent this year, we will consider how the Biblical Narrative begins with a stunning picture of human beings claiming they are "the image of God." This is our first and foundational identity. It is an identity that is easily forgotten in our world today - by the way we view ourselves and by the way we view others. But, how might we be transformed if we considered the weight and the glory of this identity? As we consider our identity as "the image of God" in our Lent Groups this year, our prayer is that all of us will root ourselves in God's love, so that we can become who we were created to be. Let's begin this journey!

Knowing Each Other

As you get started, you may want to ask an opening question like the one suggested here. It gives everyone a chance to share in the group context with something that anyone can answer.

Take a few minutes for everyone to respond to this question:

- *As the weather is warming up, what type of warm weather activity do you look forward to most?*

Beginning the Discussion

1. **Listen to the Teaching:** Listen to the teaching [online](#) or on the DCC App. (Please note that teaching Podcast will be available Sunday, the video teaching will be posted Tuesday).
2. **Background for our discussion:** We will reflect on the glory of being human, and how we, as image bearers of God, possess the glory of the visible God. We, as the Body of Christ, are then invited to step into the liberation of Jesus and embody God's presence to the world around us.
3. **Scripture:** read Hebrews 1:1-4

Questions for Discussion

(There are probably more questions here than you can cover in the time you have, so feel free to only use one or two, or ask the group what question or questions they would like to discuss and go with that.)

1. What stands out from this week's teaching? Did anything specific catch your attention as you listened?
2. How have you previously understood the idea of "glory"? How did Michael's definition — having a weightiness, a gravitational pull, or a presence — resonate with you?
3. If humans are made in the image of God and are therefore a "symbol of God's presence on earth," in what way(s) have you experienced the glory of God in other people?
4. In light of Jesus as the example of how to live the fullest life, what ways do you imagine this abundant life might look like for us?
5. How are we changed when we view Jesus as liberator rather than someone who only wants us to behave well?

Spiritual Practice: Lent Week 6

This week for our formation practice, we invite you to listen to our guided time of reflection for the first week of Lent on our DCC spiritual formation podcast. You can listen to this guided prayer by clicking on the link below. You can also access the spiritual formation podcast through the DCC App.

[Spiritual Formation Podcast: Lent Week Six](#)

Final Thoughts

Often as we spend time discussing and reflecting, we gain new insights about ourselves, others and God. To close out your time, take a few moments to reflect on the questions below. You can journal or take a few minutes of silence, whatever is most comfortable for you.

1. What has this time stirred in you?

2. Are you feeling invited by God to take any next steps?

Spend a few more minutes before you go sharing with each other (whatever you can or feel comfortable with) from what you wrote.