



Date: August 20th, 2023

Title: Sitting Down in the Busyness

Scripture: Luke 10:38-42

Introduction to Analog

The word, Analog, means “something that is similar or comparable to something else.” Analog is designed to be a tangible way to take another, deeper, look into each week’s Sunday morning message. Individuals, friends, small groups, and families can use Analog for further discussion and exploration of the Sunday teaching. May this tool help you explore the expansive heart of God and practice love in the ways of Jesus.

Teaching Season

There are several stories that cause one to wonder exactly who Jesus is. While we may be quick to offer an answer, Luke does no such thing. Rather he tells several stories of parables, interactions and miracles all leading up to Jesus asking the question himself: “Who do you say I am?” And we are invited to respond.

Teaching

In this story, it is often assumed that Martha is the one who doesn’t “get it” while Mary is the one who is praised by Jesus. And while Jesus does say that Mary has chosen what is better, it is not that straightforward. Luke tells us that Martha’s work matters. The word he uses to describe her work most often relates to the work of ministry, and that is what she is doing. Martha is the one who plays host, which suggests this is her household. Her hospitality then makes her and her household a place of peace for Jesus and his disciples (see Luke 9:1-6, 10:5-6). It is from this place that she asks Jesus to tell Mary to join her in the work of ministry. Mary, we learn “sat at the Lord’s feet.” This is a Jewish idiom for being a disciple. From this perspective shift, we then explored how this, perhaps, is why Jesus says she has chosen what is better; she is listening, paying attention, learning and hearing the words of Jesus.

Listen to the teaching [online](#) or on the DCC App

Opening Question for the Group: Start your group discussion with the question below.

- 1) What was your childhood dream job?

Questions for Discussion or Reflection

Here are some questions for discussion or reflection. Don't feel like you have to cover them all, and you may have questions of your own to ask. The Spiritual Practice for this week could be very meaningful for you or your group, so plan on 10 minutes or so for this exercise. If you are using this in a group context, read through these questions and the Spiritual Practice before your group meets to familiarize yourself with this material. You may want to send this out to the group before you meet.

1. What good, valuable things do you find yourself drawn toward and participating in?
2. Share about a time when you felt you were left on your own to complete a project or to get work done.
3. Have you ever had moments where you don't feel like Jesus cares about you?
4. How does it feel to know that God sees you, God does care and God is with you? If this is hard to believe, why?

Spiritual Practice:

This week for our formation practice, we invite you to listen to our guided time of prayer and reflection. You can listen to this guided prayer by clicking on the link below. You can also access the spiritual formation podcast through the DCC App.

[Spiritual Formation Podcast: Peace Prayer](#)